

NEXT Generation of Care

Fall 06



METHODIST HOSPITAL



Ask the worried mother

whose premature baby is

fighting for each breath.

Or the anxious husband

whose wife is battling

breast cancer. Maybe

even the son or daughter


of a parent struggling with

congestive heart failure.

Investment A Life is Priceless

What is a life worth?

At Methodist Hospital, we believe life is priceless. There is no earthly measure of the value we place on family members and loved ones. And there is no limit on the measures we would take to ensure that our loved ones receive the very best quality of health care, for the very best quality of life.

At Methodist Hospital of Southern California, saving and safeguarding lives is what we do. It is a mission we take seriously, and that we fulfill every day by staying on the cutting edge of quality health care. Offering the latest advances in medical care and technology takes a significant investment. Methodist Hospital has embarked on a critical initiative—**The Next Generation of Care**, a hospital-wide plan that has community-wide repercussions and represents the biggest investment Methodist has ever made in quality health care. This is why we need the support of our community, and why this issue of **NEXT** focuses on investment. Ours. Yours. And the investment of an entire community determined to keep quality health care,  close to home.

If you too believe life is priceless, join us. Your investment will help ensure that we are saving and safeguarding sons, daughters, spouses and parents for generations to come.

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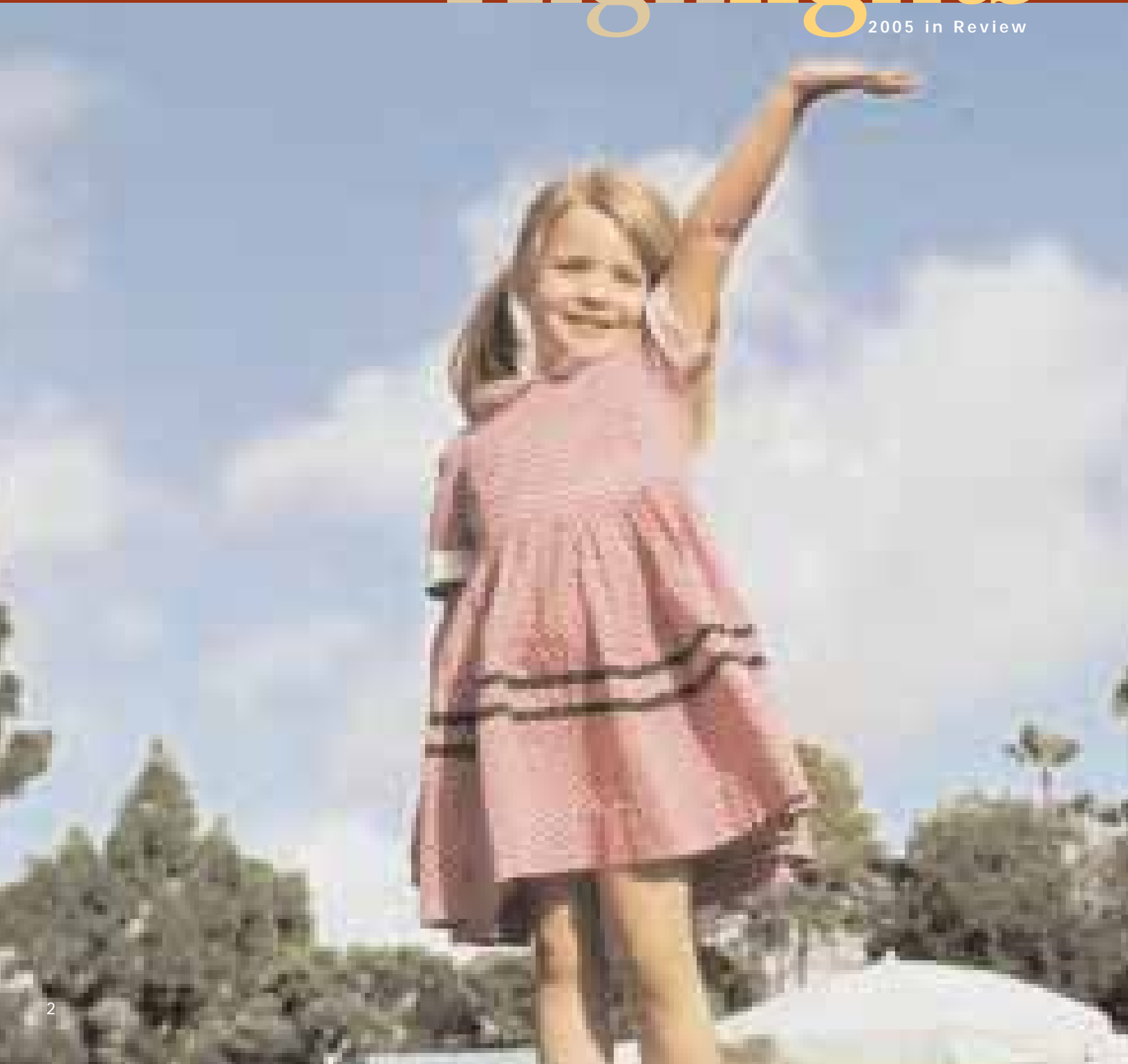
N e x t G e n e r a t i o n o f C a r e

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Highlights

2005 in Review





In 2005, our staff...

- Cared for more than 16,500 inpatients
- Delivered more than 2,200 babies
- Treated more than 70,000 outpatients and emergency patients
- Continued to  a reputation for superior clinical care and patient services, and recognized as a Bariatric Surgery Center of Excellence by the American Society of Bariatric Surgeons and a Blue Cross Bariatric Center of Expertise
- Offered top quality and award-winning cardiovascular care

Our staff also:

- Provided free community outreach and health care services valued at nearly \$17 million
- Provided an accredited Clinical Pastoral Education program, which trains clergy members from all over the world to work with the special needs of patients and their families
- Worked with 21 congregations to improve the wellness of people in local faith communities through participation in our Health Ministries program
- Stayed loyal to Methodist Hospital—employee satisfaction was high—keeping the employee turnover rate at Methodist Hospital one of the lowest among Southern California hospitals

Making Dreams

a Reality Through Investing in Our Future



Dennis M. Lee

CEO/President, Methodist Hospital



Dennis M. Lee

The leadership team at Methodist Hospital of Southern California has always worked closely with the community board of directors to keep Methodist at the forefront of medical excellence. To help accomplish this, the hospital regularly assesses the health care needs of the community and carefully plans the addition of new facilities, equipment and technology to deliver the best quality patient care.

Our planning process has led to ***The Next Generation of Care***, an ambitious multi-year plan to add a new patient tower and expand vitally important emergency and critical care services. We also have carefully evaluated the financial commitment that will be needed to fund this vital project. It is readily apparent that meeting the health care needs of the communities we serve will require an even greater level of active involvement and philanthropy by the citizens in those communities.

Like other private, not-for-profit hospitals across the country, we simply cannot afford to expand capacity without private charitable donations in our capital funding mix. Operating margins and funding through loans are inadequate measures to cover the total capital investment required.

The most recent examples of how critically important donations are to the growth of the hospital are the construction of the Berger Tower and the recently expanded Maternal Child Health Center. Both were made possible as a direct result of significant charitable support.

The Next Generation of Care, our expanded vision for health care in the San Gabriel Valley, will depend on those who know the power of imagining the possible and taking bold steps to make their dreams a reality. I urge you to join us.

Together, we can create a new vision of health care for our future.

Sue A. Francis

President, Methodist Hospital Foundation



Sue A. Francis

When you look at the listing of donors in this annual report, you can take great pride in being among a group of individuals that has made extraordinary contributions to our community. The impact of the growing philanthropic support for Methodist Hospital is seen every day in the excellent medical care given to thousands of people each year—and in the outreach to hundreds of thousands.

The power of giving cannot be overestimated. It goes beyond the acquisition of state-of-the-art technology, expanded facilities and health education. It goes to the heart of what is most important to each of us—to care and be cared for. Especially at times of most critical need, your gifts have a value far greater than just the dollar amount.

As you read about the exceptional facilities, services, people and technology at Methodist Hospital, consider that this is not something we can take for granted. It is because of hard work, dedication and generosity that this hospital—YOUR hospital—stands heads above so many others. You have made a difference—and we thank you for all you have done.

As we face the challenges of today and those of the future, we look forward to your continuing commitment to caring for our families, friends and neighbors with the best health care possible at Methodist Hospital.

Your support is deeply appreciated.



Douglas McEachern

Chairman, Methodist Hospital Board of Directors



Douglas McEachern

Methodist Hospital of Southern California has been a community institution for more than 100 years. Throughout its history, the hospital has consistently demonstrated a commitment to providing high quality health care services to the San Gabriel Valley by:

- Attracting distinguished physicians and renowned specialists
- Recruiting and nurturing top nursing talent and allied health care professionals
- Acquiring cutting-edge technology and building new facilities that enable us to expand our services
- Embracing the latest best practices in medicine, resulting in recognition of clinical service excellence in maternal child health, cardiology, and cancer care

Methodist Hospital is committed to serving the broader community far into the future. Changes in the community's health care infrastructure are creating new challenges for the hospital in meeting this goal. The hospital's community-based board of directors and hospital leadership are confronting new realities, such as hospital closures, legislative mandates, an aging population and increasing ranks of uninsured patients. Together, we are crafting a plan that will enable the hospital to continue serving local residents in the decades to come.

The centerpiece of the master plan is a new patient tower that will expand the hospital's emergency room, add critical care beds, enhance our medical surgical services and accommodate increasingly sophisticated technology. As a regional medical center, Methodist Hospital already provides many specialized services only found in larger teaching hospitals and university medical centers. Patients have come to expect nothing less. The new patient tower will create additional capacity to allow the bar to be placed even higher. More important, I think, it will ensure that patients will have ready access to care during their greatest need.

Community support is required—the cost of constructing and equipping the new tower is a significant investment. Methodist will need gifts of time and financial contributions from those who have been touched by the hospital—as well as from future patients—to successfully support this effort. I look forward to your involvement.

The health and well-being of your community, and those you love, depend on it.



Edward Castner, MD

Edward Castner, MD

Chief of Staff

As each year passes, Methodist Hospital of Southern California continues to grow in importance as a major medical center in the San Gabriel Valley.

There are many elements of change present in our community. Not only are hospitals closing or limiting their services, we are witnessing a transformation in the cultural mix and we must be sensitive to this ethnic diversity. In addition, there are constant changes in the services covered by payers, resulting in an unstable system that may present limitations in available technologies.

Despite these realities, we expect that Methodist Hospital will continue to gain in importance as a regional medical center. We will continue to be the medical service center of excellence for health care in the San Gabriel Valley!

Alan Whitman

Chairman, Methodist Hospital Foundation Board of Directors



Alan Whitman

I am sometimes asked why I have chosen to devote my time and energy to raising funds for Methodist Hospital. I choose to be involved because I believe that good health is one of the most important predictors of an excellent quality of life. The old adage really is true: “When you have your health, you have everything.”

Another truism is this: It’s easy to take good health for granted. And very often, we also take Methodist Hospital for granted. We drive past it and just assume it will always be there to serve us in our hour of need. But as we have seen with the closure of other hospitals, we cannot make this mistaken assumption any longer.

Those who have had occasion to use Methodist Hospital’s services already know that illness and injury can strike at any time. Hospital closures have a domino effect on those medical centers that remain open. Methodist has seen a dramatic increase in the number of patients visiting its emergency room. Many of these patients need critical care services. An increasing demand for Methodist’s high quality care means we need to take steps **now** to ensure that the hospital is prepared to handle our community’s health care needs in the future.

What can you do? Get involved. Make a donation. Volunteer for a fundraising event. Talk to friends and neighbors about the need to support our health care infrastructure. It’s as important to our community as police and fire protection for ensuring a high quality of life. Your support is the **only** way to ensure that Methodist Hospital will be here to serve you when you need it most.

What is a life worth?

- Get involved
- Make a donation
- Volunteer
- Talk to friends
- Support health care

Urgent Care for Hospitals:

A Shared Responsibility

U.S. Representative David Dreier, 26th Congressional District

Our health care system is in critical condition and needs to be improved. The staggering rise in the number of uninsured Americans, the increased demand for services by immigrants and our aging population, and the closure of health care facilities across the country are all putting a severe strain on our nation's hospitals. Congress needs to take a hard look at our health care laws and institute effective, common sense reform. In addition to reform, there's also a solution that everyone can be a part of: Our hospitals need the support and involvement of local residents.



Congressman David Dreier

There's no question that Congress' actions have an effect on community health care. I recently worked with my California colleagues to secure \$3 billion for the nation's Disproportionate Share Hospitals with emergency rooms and trauma centers, helping "safety net" hospitals that serve predominantly low-income communities stay open. These hospitals have substantial caseloads of Medicaid patients whose costs frequently are not covered by Medicaid reimbursement rates. This funding means California's hospitals will receive \$460 million over ten years.

In addition, the most recent Medicaid waiver for the state will provide much-needed assistance for California's low-income patients, and hospital and trauma care system. The waiver goes into effect for five years and will bring a multibillion-dollar package of aid to California.

To close the gap between the uninsured and insured, there are several common sense reform measures that should be implemented. Congress must change the bias in the tax code that effectively prevents working parents and their children from accessing affordable health care. In particular, medical savings accounts (MSAs), which allow taxpayers to establish tax-exempt savings accounts to cover insurance deductibles, co-pays, prescription costs, and various other expenses, is a particularly promising option for working families, and the program should be expanded.

I have also introduced legislation to address the growing numbers of uninsured Americans who may be retired and are not yet eligible for Medicare. H.R. 55 would allow individuals between ages 55 and 65 to enroll in the federal employees' health benefits program. This program would increase the number of choices and improve coverage for people in this age group.

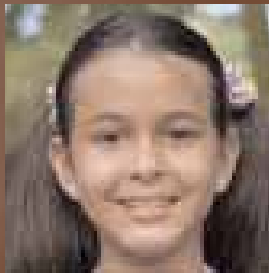
Many not-for-profit hospitals are struggling to survive, yet continue to provide services despite a patient's inability to pay for care. The closure of even one hospital has a domino effect on those that remain open. Methodist Hospital, and the physicians and professionals who work there, are making a significant investment toward the future of health care by expanding the facility's campus over the next several years. Their hard work and efforts are something we can all be proud of and support.

While your representatives in Congress will continue to work to reform our health care system, local support has never been more important to California's not-for-profit hospitals. For medical centers like Methodist Hospital, philanthropy will help ensure The Next Generation of Care in the San Gabriel Valley.

Congressman Dreier's district spans nearly 20 foothill communities at the base of the San Gabriel Mountains just north and east of Los Angeles.

Responsibility

shared





Steve Owens, RN, director of nursing administration and transitional services, left, and Wayne Whitehill, hospital board member

Managing

Open the newspaper on any given day and you will find at least one article on the health care crisis in the United States today. Recent headlines and studies released by the Institute of Medicine all point to one conclusion: the declining number of emergency rooms and the increasing demand for care both constitute a calamity in the making.

the Patient Access Challenge

In Los Angeles County, hospital closures have had severe repercussions for those seeking medical care. There are instances when 40 percent of the county's emergency rooms are on diversion, meaning they are closed to accepting new patients. Paramedics must then race patients to the next-closest hospital. The diversion rate is a statistic tracked in minutes by the county, which then provides a report to each hospital participating in the emergency medical system.

Methodist must at times divert patients, too. However, through innovative space planning that expands capacity, responsive staffing strategies and new technology, Methodist Hospital is successfully addressing the patient access challenge. Many of these enhancements were made possible through philanthropic support from the community. Carolyn Tadeja, vice president of nursing/chief nursing officer, and Wayne Whitehill, a member of the hospital's board of directors, recently detailed new initiatives that are greatly facilitating the flow of patients at Methodist Hospital.

Patient Tracking Technology

Carolyn: Methodist Hospital recently took a cue from the hotel industry by implementing a bed board system. The board resembles a large-screen plasma television that shows, at a glance, the status of every bed in the hospital. A color-coded system indicates whether a bed is occupied, empty and in need of cleaning, or ready to accept a patient. An alpha-numeric paging system connected to the bed board allows the staff to make bed assignments without the numerous phone calls that the old system required.

Wayne: The bed board system has had a dramatic impact on patient flow. For instance, we have been able to reduce the average time it takes to get a patient out of the emergency room and into a bed from as long as six hours to just two hours.

Carolyn: Another enhancement we've added is our transport tracking system. It allows staff to use our alpha-numeric paging system to notify transport personnel when a patient needs to be moved from one department to another. Again, it allows us to cut down on the number of phone calls and speeds up the transport process. We can even see when a patient is in transit. Next year, we also plan to install a patient tracking system in the emergency room.

Expanded Capacity

Carolyn: In order to set up additional beds in the emergency room, we took space adjacent to the ER and reconfigured it. That allowed us to add four treatment bays. We have plans to add another later this year. A year ago, we also opened two original patient care floors that had not been needed since 1998, to accommodate patients during times when the census—our term for occupancy—is high.

Staffing Strategies

Wayne: Medical centers are staffed around the clock using shifts that are standard throughout the health care field. Methodist is now using more creative staffing strategies to manage periods when the census peaks. For instance, we audited patient traffic to determine the busiest times in the emergency room. We decided to add a 3 p.m. to 3 a.m. shift to accommodate the increase we normally see in patient visits during those hours. We have also added a second triage nurse so we can quickly assess the severity of a patient's condition.

Carolyn: We also have implemented a policy that allows us to respond immediately when patients who need beds get backed up in the emergency room. We call it "code diversion." When we call the code over the paging system, key staff members come together within 20 minutes to see where the empty beds are and what needs to be done to get them ready for patients. The "crunch team," as we call it, includes nursing staff, ancillary personnel such as housekeeping, transport team members and more. If we need to move staff from one area to accommodate more patients in another, we do. If we have to call in additional personnel, we'll do that too. The goal is to help find ways to ensure full access for everyone who needs life-saving care.

Wayne: Another important enhancement that is coming soon is the use of volunteers to help register patients and comfort families in the emergency room. We have long utilized volunteers in other areas of the hospital, such as the information desk and admitting. Now, we are developing a training program that will allow us to use volunteers in creative ways that enhance the patient and family experience in our ER and make it less stressful.

Making a Difference

Wayne: All of these strategies are important because one of the key entry points to our hospital is the emergency room. Methodist's ER has seen a steadily increasing number of patient visits from our extended community, especially over the last two years. Our current ER lacks the capacity to accommodate the increased volume, which we expect to exceed 38,000 patient visits this year. And that figure will only increase if we lose another hospital in the San Gabriel Valley. These tactics are collectively improving the flow of patients at Methodist Hospital.

Carolyn: One of the best indications of success is our diversion rate. In the first quarter of 2006, our diversion rate was 40 percent. We are now down to 14 percent—a 36 percent decrease in diversion time. And, while we can't point to any one of these strategies as the sole reason we have seen such an improvement, we feel patients are definitely moving more efficiently through the hospital and that their care has been enhanced in the process.

When Methodist Hospital's

new neonatal intensive care unit (NICU) was “born” on May 25, 2005, it ushered in a new era of care for critically ill newborns in the San Gabriel Valley. Funded through a groundswell of community support, the NICU was conceived through the recognition that more specialized care for sick or premature infants was needed locally. The 17-bed NICU opened with the latest in monitoring and life support technology—and all of it was funded through philanthropy.

“As a level II NICU, we provide specialized care for premature infants—some as small as a pound and a half—and babies born with serious complications,” says Nancy Neil, director of maternal/child health at Methodist Hospital. That means local parents can stay close to home and their newborns, without lengthy travel times. Because many parents visit daily, the close proximity to their children is critical, at a very crucial time. What makes Methodist's NICU so unique?



“We have four ‘giraffes,’ which are enclosed isolettes that maintain a thermally controlled environment,” Nancy states. “Everything from the lighting, temperature and humidity is maintained at the optimum level for each newborn. The bed inside each giraffe tilts and rotates so handling of the infant is kept to a minimum. This environment places less stress on each baby's system, so their bodies can concentrate on growing stronger.” At \$50,000 each, the giraffes are an impressive addition to the NICU and a significant investment made collectively by the community. And just as impressive is the \$64,000 neonatal transport system with a ventilator, which is in a continuous state of readiness to transport babies for tests or procedures that cannot be performed in the NICU.

For Randal and LaKeysha Hayes, it was the “operators” of all this technology who really made the difference when LaKeysha gave birth to premature twins in May 2006. “All the nurses were really helpful in getting us through this experience,” LaKeysha recounts. “My babies, Kendall and Kaden, were on ventilators and IVs in the NICU. It was a pretty difficult time.” Randal found Methodist's NICU nurses to be attentive and patient. “They answered all our questions and were so accommodating,” he says. “They even took pictures of the newborns so their four siblings at home could ‘meet’ the newest additions to our family.”

Eight percent of the babies born at Methodist Hospital need the specialized care of its NICU. Lengths of stay can range from just several days to months at a time, depending on the baby's condition. For parents who want to visit daily, having a state-of-the-art NICU close by helps to make a worrisome time less of a burden.

“Community support is what built this NICU,” Nancy says. “We want to ensure that we are here to serve these families, long into the future.”

For gift-giving opportunities that support Methodist Hospital's NICU, call 1 (888) 388-2838.



Randal and LaKeys with their new twins, Kendall and Kaden

Your contribution at work: NICU Update

Community Outreach Profile:

Empowering

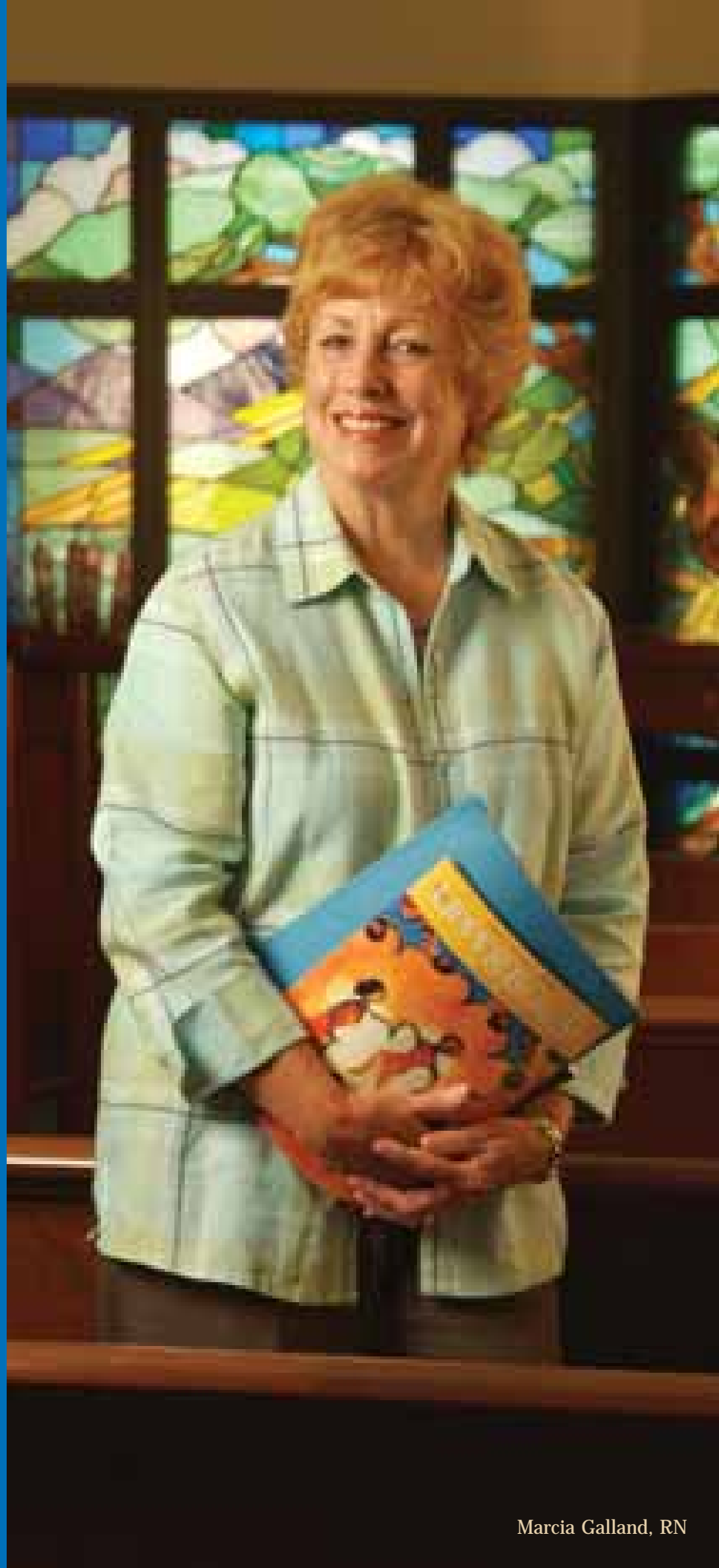
The Community

To Take

Charge of its Health

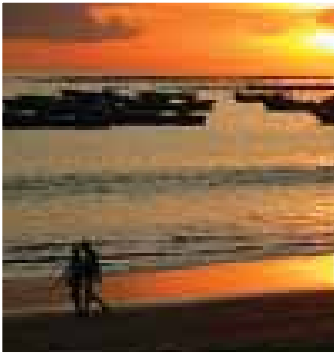
Methodist Hospital has long been dedicated to creating a healthier community, *beyond* the hospital's walls. In fact, calendar year 2005 saw the highest outlay of funds in support of community outreach programs in Methodist Hospital's history: nearly \$17 million. More than 275,000 people were served last year through such programs as Meals on Wheels, community education and screenings, immunizations, support groups and subsidized health care. Did it make a difference? Reverend Cynthia Crowell and Marcia Galland RN, think so.

As pastor of Trinity Presbyterian Church in Pasadena, Cynthia was just one of many people from her congregation who participated in a health screening sponsored at her church as part of the Health Ministries program at Methodist Hospital. At the time, Cynthia learned she had extremely high cholesterol and a borderline-abnormal glucose reading. "My cholesterol was 274 and my glucose, 105," she recalls. Still, she was not motivated to make healthy lifestyle changes. That was in October 2005.



In December, her parish nurse told her about an innovative new program being offered by Methodist Hospital. Funded by the UniHealth Foundation, the Integrated Active Health program was a multifaceted approach designed to address the epidemic of obesity and related disorders in the community. It offered health education, nutrition and fitness presentations, and it monitored exercise programs and screenings to target at-risk individuals through existing school and health ministries partnerships. The two-year program was implemented using a whole team of health care professionals, including registered nurses, physical therapists, a registered dietitian and more.

Cynthia learned that the program would provide scholarships to members of partnering congregations who were identified as being at risk by their parish nurses. Ten congregants from her church opted to join the program, which linked them to fitness services and exercise facilities at the Monrovia YMCA. Cynthia felt she should join them, to provide moral support and maybe even improve her own health in the process.



“We all received a nutrition and fitness evaluation,” she recalls. “From that, we then received a personalized diet and exercise program.” Cynthia’s plan was simple: cut the fat from her diet, and exercise every day she possibly could. That meant up to five days a week of moderate to intense physical activity. In just three months, the results were stellar.

“My cholesterol was down to 203 and my glucose reading was 85,” she notes. “I’ve also lost 20 pounds.” Cynthia credits the power of exercise—and the Active Health program—for changing her life. “I realize this is a permanent lifestyle change. I need to exercise every day I can. I doubt I would have reached this conclusion were it not for Methodist Hospital.”

For Marcia Galland, serving as a parish nurse through Methodist Hospital had always been gratifying. However, the Integrated Active Health program allowed her to witness firsthand how the power of *group* motivation can change people’s lives. “We initiated a ‘Walk to Jerusalem’ to motivate people in our congregation to exercise,” Marcia recounts. Fifty congregants of all ages signed on for the challenge, in which 20 minutes of exercise equated to one mile. “I calculated that we needed to ‘walk’ as a group more than 5,000 miles. We started in January, and our goal was to reach Jerusalem by Easter.”

Every Sunday for 12 weeks, participants would report on the miles they had earned through exercise the previous week. A map of the world mounted on a storyboard tracked the group’s progress. Any kind of meaningful activity counted—some even completed their miles using walkers. Many of the congregants were exercising regularly for the first time ever.

According to Marcia, “Walk to Jerusalem” was a runaway success. The group reached Jerusalem on April 16—Easter Sunday—and their enthusiasm was so high, they decided to walk **back**. “One of our congregants is in his 80s, and he saw a significant reduction in his cholesterol level,” Marcia says. “That was the only change he made in his lifestyle, so we know it was the exercise that did it.”

Did they walk on water? “No, we took a plane over the Atlantic,” Marcia laughs. “We’re not that good yet!” But thanks to Methodist Hospital, they are well on their way.



Diane Bade, director of volunteer services, right, and Ruth volunteer and member of the Women's Leadership Council.

A New Era of Volunteerism at Methodist Hospital

Methodist Hospital has long been known for delivering a high level of medical care along with personalized attention to each patient. The hospital's focus on creating a healing environment—one that focuses on mind, body and spirit—is a key focus of our health care philosophy. And volunteers at Methodist Hospital have always played an integral role in delivering this individualized level of care to patients. To tap the talent of a broader cross-section of the community, Methodist Hospital is now developing new ways for volunteers to be involved beyond the established, traditional roles they have played in the medical center. In the process, the face of volunteerism is being transformed at Methodist Hospital.

"Volunteers have historically been the cornerstone of service in hospitals," notes Diane Bade, director of volunteer services. "They bring an additional level of comfort and compassion that complements our nursing and medical care." Shelley Keefer is one shining example of a volunteer



who really makes a difference. Although she works full time for the city of Monrovia, Shelley assists patients, families and staff in Methodist's emergency room every week.

"A lot of what I do is pretty basic—I bring meal trays to patients in the ER, or visit with family members in the waiting area," Shelley notes. "I may make a bed, and then escort a visitor to the restroom or out of the hospital." She trains other volunteers to work in the ER as well. "We become another pair of eyes and assist patients and visitors wherever we see a need. I just love interacting with people," she says. The role Shelley plays in the ER has been so well-received by patients, visitors and staff, the hospital is creating an emergency department liaison position that expands on what Shelley does every week. It's just one example of how Methodist is building on current volunteer programs to create fresh new ways for anyone with an interest to get involved.

"Our Women's Leadership Council is another example of how we are creating new volunteer opportunities," says Diane. The WLC is a group of professional women who advise the hospital on ways to enhance the patient and visitor experience. The group also manages special projects that advance that goal. For instance, the WLC helped the hospital publish a resource guide for patients and visitors, and created the Emergency L.I.F.E. Line. The latter project helps families to organize medical information and important phone numbers so they are easily accessible in the event of an emergency.

Other new programs have helped to enhance the level of personalized care at Methodist to an even higher degree. "Our Asian volunteer visitors speak Mandarin and Cantonese," Diane notes. "They visit with Asian patients and help them feel more comfortable in the hospital environment." Former joint replacement patients help transport those who have just had surgery, providing moral support along the way. All volunteers who interact with patients and families have graduated from the hospital's "Communicating with Compassion" program.

"Our goal is to create new opportunities that appeal to busy people who want to give of themselves through service in short-term or special projects," Diane notes. "We want to accommodate prospective volunteers who only have a few hours to devote but want to lend their hearts and hands to enhancing the hospital visit. We welcome anyone who has talent to share and wants to make a real difference in the lives of our patients."

More than 630 volunteers in the auxiliary and various support groups served at Methodist Hospital in 2005, contributing more than 71,000 hours of service. In addition to giving their time, volunteers are also actively raising dollars for their hospital. Through events such as the Holiday Homes Tour, Mardi Gras and Marvelous May Brunch, volunteers are helping to fund critical programs and services. The auxiliary of Methodist Hospital raised \$73,900 in 2005 for the hospital's emergency room. The women's auxiliary of Methodist Hospital raised \$161,400 for the spiritual care department. And the Mardi Gras Committee raised \$45,000 for Methodist's cardiac program.

For more information on volunteer opportunities at Methodist Hospital, call 1 (888) 388-2838.





Donor Profile:

Andrew and Peggy Cherng

If Andrew and Peggy Cherng

were to summarize their approach to life overall, they would describe it as “the practice of balance.” Highly respected entrepreneurs and community leaders, the Cherngs own Panda Restaurant Group (PRG), one of the largest family-owned businesses in the nation and the country’s leader in quality Asian food service. And just as they have grown their company into one of the most successful restaurant franchises in the nation, they also balance that success by devoting considerable resources to the community.

“Andrew and I came here as immigrants,” says Peggy, co-chair of PRG. Andrew is the company’s founder and serves as chairman of the board. “This country has been so good to us, we simply feel we must give back to benefit our community,” he notes. The Cherngs believe in giving back in proportion to their success. What began as a single Pasadena restaurant more than 30 years ago now includes more than 800 restaurant locations throughout 36 states, Puerto Rico and Japan. The Panda family of restaurants includes Panda Express, the upscale Panda Inn and Hibachi-San restaurants. Today, the Cherngs’ company boasts annual sales of more than \$930 million and enjoys a consistent pattern of growth seldom seen in today’s restaurant industry. The Cherngs first initiated a program of community involvement at Panda Restaurant Group in 1999.



“We really encouraged members of our senior management team to perform works of community service,” explains Peggy. She is currently a valued member of the Methodist Hospital board of directors and served as honorary co-chair of the Maternal Child Health Campaign. That same year, the Cherngs established Panda Cares, a company-wide initiative that provides food, funding and volunteer services to organizations that serve children and provide assistance during disasters.

“We encourage each store to select one outreach program to support,” Peggy states. In addition, the company contributed heavily to disaster relief efforts for victims of the tsunami in Indonesia and hurricanes Katrina and Wilma. The company also sponsors an annual day of giving and a toy drive during the holidays. In 2005, Panda Cares programs raised \$1.12 million and touched the lives of more than 42,000 people. Food donations totaled \$180,000. With so much activity at PRG, why does Peggy choose to stay involved with Methodist Hospital?

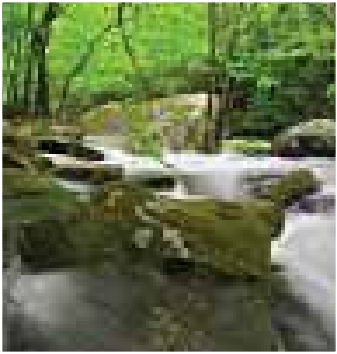
“Our three daughters were born at Methodist,” she says. “When you have been a patient there, you realize what an important resource the hospital is in our community.” Over the years, the Cherngs have been extremely generous to Methodist Hospital in both time and donations, and have encouraged other community leaders to do likewise.

Since not-for-profit hospitals like Methodist must depend on the generous support of the community to make their continued commitment to excellence possible, the participation of individuals, organizations and business leaders like the Cherngs is crucial. Thanks to people like Andrew and Peggy, the Methodist Hospital Foundation has been able to continually accelerate its service to the residents of the San Gabriel Valley.

According to Joe Henry,

Methodist Hospital has been a San Gabriel Valley institution since his teen years. His father, a Methodist minister, was close friends with the hospital's chaplain when Joe was a boy growing up in Arcadia, and remained active with the hospital for much of his life. So when Joe was nominated by his pastor to sit on the board of directors for the hospital, he readily accepted.

Retired at 55 from his position as senior vice president and assistant director of the Art Center College of Design, Joe became very active in volunteerism. "You need to support what is worthwhile in your community," he states. His role at the college and his experience establishing the college's branch in Switzerland included both administrative and fundraising responsibilities. He grew to appreciate the value and importance of philanthropic support. So it is no surprise that, in addition to serving on the hospital's board, he joined Methodist's Foundation board of directors.



"I believe you need to give back in proportion to the importance a not-for-profit institution plays in the community," Joe notes. In addition to his activities at the hospital, Joe has served on eight different boards for charitable organizations. He regards Methodist as one of the "top-tier" institutions worthy of support. When the proceeds from a real estate transaction became available, Joe arranged for a gift annuity that would benefit the hospital. Methodist is also one of the charitable organizations he has chosen to support through his estate.

"Joe has been a staunch supporter of this hospital for many years," says Jay Harvill, director of planned giving. "He has been extremely generous with his time, as well as his dollars." The type of annuity that Joe set up through Methodist is actually a win-win for both the donor and the hospital. In addition to providing dollars to fund critical health care services at Methodist, a gift annuity actually provides Joe with an income stream for the rest of his life.

"Having served on the hospital's boards as well as having been a patient, I know firsthand about the quality of care at Methodist," Joe notes. "As a community, we need to continue supporting Methodist so the hospital can maintain that high level of care we have all come to expect."



Donor Profile:

Joseph R. Henry



NEXT



Bequest Donors:

David and Grace Cashion

As parents

to three young children, all of whom were born at Methodist Hospital, David and Grace Cashion had experiences with the hospital over the years, while their kids were growing up. All of their hospital experiences were superb, according to the Cashions. It wasn't until another foundation board member invited Dave to consider joining him on the board that they decided to make a commitment to become involved.

"Our son had a serious medical condition in the 1980s and received excellent care," says Grace, a retired schoolteacher. And although the Cashions were active in charities and civic organizations for much of their adult lives, supporting Methodist Hospital was not particularly among their philanthropic interests.

"I attended a board meeting and was very impressed with the caliber of people there," recounts Dave, an estate planning attorney. He learned that not only is Methodist a not-for-profit hospital, it depends on philanthropic support to keep up with the demands of the community for the provision of medical care. He is now serving his third year on the Methodist Hospital Foundation board of directors.



"With other area hospitals closing, I felt an obligation to help out," Dave states. "The vast majority of people think a hospital is supported entirely by patients paying their bills. That's not the case. Methodist needs community support in order to allow it to serve an ever-growing pool of local residents with their health care needs."

As a lawyer specializing in trusts, wills and probate, Dave and his wife Grace have given careful thought to the legacy they want to leave behind. His work with Methodist is the reason the Cashions have chosen to leave a sizable bequest to the hospital once they pass on.

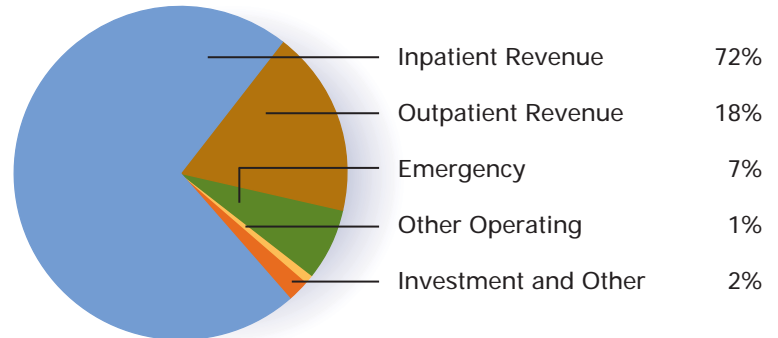
"Until you need the services, you don't pay any attention to where you would go when you need medical care," notes Grace. "People just assume it will be there. But the burden has never been greater to minister to surrounding communities that have lost their local hospital."

Dave is so committed to raising funds for Methodist, he has been encouraging friends and colleagues to get involved, too. His advocacy on behalf of Methodist is just as important as his work on the board. "Now more than ever, I am aware of how important this hospital is to the San Gabriel Valley. This is a vital cause. I believe all local community members should get involved to ensure they will have access to the care they need, when they need it."

For more information on gift-giving opportunities with estate planning benefits, call 1 (888) 388-2838.



Fiscal Health 2005

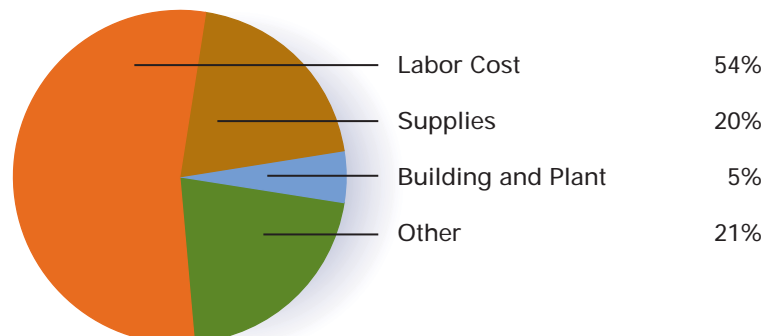


Summary of Revenue 2005 (in thousands)

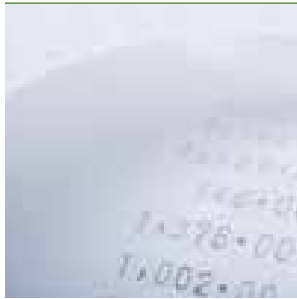
Inpatient Revenue	\$ 139,527
Outpatient Revenue	\$ 34,496
Emergency	\$ 12,688
Other Operating	\$ 2,520
Investment and Other	\$ 3,180
Total Operating & Non-Operating Revenue	\$ 192,411

Summary of Expenses 2005 (in thousands)

Labor Cost	\$ 97,845
Supplies	\$ 35,757
Building and Plant	\$ 9,360
Other	\$ 38,391
Total Hospital Expenses	\$ 181,353



Financial Overview (in thousands)



	2004	2005
Net Revenue	\$ 173,172	\$ 189,231
Operating Income	\$ 9,005	\$ 7,878
Non-Operating Income	\$ 3,641	\$ 3,180
Assets		
Current Assets	\$ 41,651	\$ 41,691
Property & Equipment, net	\$ 68,399	\$ 71,933
Other Assets	\$ 53,122	\$ 58,062
Total Assets	\$ 163,172	\$ 171,686
Liabilities & Fund Balance		
Current Liabilities	\$ 25,183	\$ 25,089
Long-Term Debt	\$ 22,797	\$ 20,250
Total Liabilities	\$ 47,980	\$ 45,339
Net Assets	\$ 115,192	\$ 126,347

Community Benefits



In addition to providing high-quality medical services, Methodist Hospital also supports residents throughout our service area with nearly \$17 million in an array of special services defined as community benefits. This commitment includes traditional charity care and the unpaid costs of Medi-Cal and Medicare services. Community benefits also include a comprehensive spiritual care program that encompasses all faiths and cultures to help patients find strength, comfort and hope in their own unique tradition.

Methodist Hospital also has a strong commitment to funding programs and services that take healing beyond hospital walls to address unmet needs in the community. We have invested in three neighborhood clinics that provide essential pre-natal care to expectant mothers. We provide innovative outreach programs that bring education and screenings to children in area schools. And we offer free classes, screenings and health fairs to serve many constituents, including our growing senior population. The hospital's Health Ministries program also provides important resources to help faith communities keep their congregations healthy and informed.



Revenue

	Total	Unrestricted	Temporarily Restricted	Permanently Restricted
Gifts and Grants	\$ 4,172,000	\$ 569,000	\$ 3,573,000	\$ 30,000
Special Events	\$ 195,000	\$ —	\$ 195,000	\$ —
Investment Income	\$ 263,000	\$ 263,000	\$ —	\$ —
Bequests, Annuities and Trusts	\$ 172,000	\$ 159,000	\$ 13,000	\$ —
Net Increase/Decrease in Remainder Interests	\$ 22,000	—	\$ 22,000	—
Total Revenue	\$ 4,824,000	\$ 991,000	\$ 3,803,000	\$ 30,000

2005 Summary of Fundraising Sources



Expenses

	Total	Unrestricted	Temporarily Restricted	Permanently Restricted
Administrative	\$ 274,000	\$ 274,000	\$ —	\$ —
Fundraising	\$ 461,000	\$ 461,000	\$ —	\$ —
Total: Expenses	\$ 735,000	\$ 735,000	\$ —	\$ —

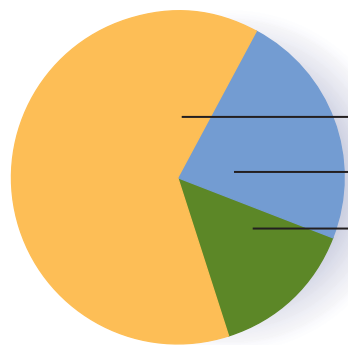
Summary

	Total	Unrestricted	Temporarily Restricted	Permanently Restricted
Excess of Revenues Over Expenses	\$ 4,089,000	\$ 256,000	\$ 3,803,000	\$ 30,000
Support from MH Foundation to Methodist Hospital	\$ 1,249,000	\$ —	\$ 1,249,000	—
Interfund Transfer	\$ —	\$ —	\$ —	\$ —
Net Increase in Foundation Assets	\$ 2,840,000	\$ 256,000	\$ 2,554,000	\$ 30,000
Net Assets on 12/31/05	\$12,279,000	\$ 3,356,000	\$ 7,619,000	\$ 1,304,000

Expenses and Usage

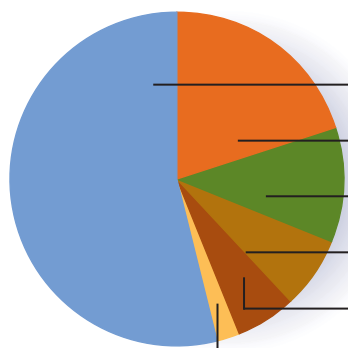
Fundraising Expenses	\$ 461,000	23%
General and Administrative Expenses	\$ 274,000	14%
Grants to Methodist Hospital	\$ 1,249,000	63%
Total	\$ 1,984,000	100%

NICU Construction	\$ 674,000	54%
Integrated Active Health	\$ 252,000	20%
Chaplaincy	\$ 143,000	11%
Surgical Management System	\$ 87,000	7%
Bio Terrorism Preparation	\$ 72,000	6%
Other	\$ 21,000	2%
Total	\$ 1,249,000	100%



2005 Summary of Usage Total Spending: \$1,984,000

Grants to Methodist Hospital	\$ 1,249,000	63%
Fundraising Expenses	\$ 461,000	23%
General and Administrative Expenses	\$ 274,000	14%



2005 Summary of Support to Methodist Hospital Total Spending: \$1,249,000

NICU Construction	\$ 674,000	54%
Integrated Active Health	\$ 252,000	20%
Chaplaincy	\$ 143,000	11%
Surgical Management System	\$ 87,000	7%
Bio-Terrorism Preparation	\$ 72,000	6%
Other	\$ 21,000	2%



NEXT



Planned Giving:

A New Resource

Methodist Hospital has long provided information on planned giving opportunities that can have significant benefits for donors. Now, a new resource links those with access to the Internet to an interactive Web site that can help in estate planning decisions.

The planned giving portal, found on the Methodist Hospital Web site at www.methodisthospital.org, offers a wealth of information to potential donors and their professional advisors. An interactive module on the site can help determine the type of gift that will provide maximum benefit to the donor. Informative articles on the many types of planned giving vehicles, a gift-giving calculator, frequently asked questions and a glossary of terms are just some of the features of the site. Potential donors can even order e-brochures online.

To access the portal, log on to www.methodisthospital.org and click “gift and estate planning,” which is located beneath the picture of the compass on the home page.



Leadership Circles

The distinguished members of the Leadership Circles have taken the mission of Methodist Hospital to heart. We are pleased to permanently recognize these inspired leaders for their significant cumulative gifts to our community hospital.

Leadership Circle members are the cornerstone of Methodist Hospital's continued growth and development. Our members are leading citizens and families in our region who support Methodist Hospital with significant cumulative giving of \$25,000 or more.

It is with deep gratitude that we list their names in NEXT. Many of the names also are listed on the handsome Tradition of Giving display in the hospital's main lobby.

Platinum Circle Members (\$1,000,000+)

Auxiliary Methodist Hospital
The H. M. and Frances C. Berger Foundation
Mr. William Lofthouse
Ms. Betty Mayo
Estate of Kurt and Erma Rose
Mr. and Mrs. Mickey Segal
UniHealth Foundation
Women's Auxiliary of Methodist Hospital

Gold Circle Members (\$500,000-\$999,999)

Anonymous
Mr. and Mrs. Andrew J. C. Cherng
Henry Guenther Foundation
John Scauffer Charitable Trust
W. M. Keck Foundation
Santa Anita Foundation
Weingart Foundation

Silver Circle Members (\$250,000-\$499,999)

Arcadia Radiology Medical Group
Mr. and Mrs. William S. Davila
C.E. & R.V. Gilb Foundation
Mr. and Mrs. Charles E. Gilb
Mr. and Mrs. Jim L. Hilliard
Grace H. Jull Trust
Estate of James P. Kennedy
Estate of John Kerfoot

Mr. and Mrs. Douglas J. McEachern
Panda Restaurant Group, Inc.
The [REDACTED] and Lilah Stangeland Foundation
The Vons Companies, Inc.
Mr. Joseph F. Thomas
United Methodist Women - California
Pacific Conference

Bronze Circle Members (\$100,000-\$249,999)

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Mr. Donald G. Abbey
The Ahmanson Foundation
Alpha [REDACTED]
ARCO Foundation
ARCO
Mr. Christopher H. Bateman & Dr. Linda Rillorta
Estate of Frances C. Berger
Ms. Iris Burton
Ms. Kathleen M. Ellison
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Mr. and Mrs. Dennis M. Lee
Estate of Roland Maxwell
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Methodist Hospital Executive Staff
Mrs. Katherine F. Moir
NTDStichler Architects
Estate of Charles E. Paillard
Mrs. Doris Pankow
Mr. and Mrs. Kenneth H. Quigley
Mrs. Nedra Ravesies
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The Home Depot
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Katsuko Yokoi Revocable Trust

Chairman's Circle Members (\$50,000-\$99,999)

The Adelson Foundation
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Allegiance Healthcare Corporation
Ameritec Corporation
Arcadia Auxiliary
Dr. and Mrs. Loren R. Ayres
Mr. Meldon L. Bauders
Mr. and Mrs. Thomas P. Beck
Dr. and Mrs. Jey S. Chung
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Los Angeles Turf Club, Inc.
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Katherine Doolittle Martin Trust
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Mrs. Mae C. Simmons
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Mr. and Mrs. John C. Symes II
The Passionists of Holy Cross Province
The Patron Saints Foundation
L. Ann Fox Wakeley
Estate of Mildred Watson
Mr. and Mrs. Wayne Whitehill
Mr. and Mrs. Robert Y. Yu
Ms. Lillian A. Zeigler

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Automobile Club of Southern California
B & K [REDACTED] Wholesale
Bank of America Foundation
Bank of America
Bergen Brunswick Corporation
Mr. and Mrs. Gregory N. Bonn
Mr. and Mrs. Loren F. Brodhead
California Business Bureau, Inc.
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 Mr. and Mrs. Yungtai Hsu
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 Musick Peeler & Garrett LLP
 Oak Tree Racing Association
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 Mr. and Mrs. Shone Wang
 Mr. and Mrs. John T. Wu
 Mr. and Mrs. Richard F. Young
 Mrs. Constance G. Zhorik
 Mr. Richard S. Ziman



The Foundation is pleased to acknowledge those listed for their generous commitment to Methodist Hospital and to the well-being of our future generations.

Anonymous members
 Mildred Adams
 Opal Edwards Amlin
 Gladys G. Arblaster
 Margaret Woodson Beere
 Edna L. & Tusse L. Belzer
 Daisy Cloud Blanchard
 Elsie E. Boyd
 Ethel Marie Carbaugh Brelos
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Clara and William A. Jennings
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 Esther King
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 Ruth Taylor
 Virginia L. Taylor
 Elizabeth R. Tesinsky
 James B. and Gladys Thomas
 Joseph F. Thomas
 Marguerite H. Thompson
 William J. Tolmie

Rose Society

The Rose Society pays special tribute to those visionary individuals who have created a legacy for the future by designating Methodist Hospital Foundation in their estate plans. Membership is open to all who have made a provision in their wills, trusts, annuities, retirement plans, insurance policies or other documents to support the continuing advancement of medical technology, first-rate facilities and dedication to personal care at Methodist Hospital.

D.J. VanDerLeest
 Dorothy Lucretia Van Hyning
 Jana and K. Heiner Vogelbach, M.D.
 Constance J. and Harold A. Wagner
 Patricia W. Wallace
 Mildred L. Watson
 Marie G. Weber
 Patricia Wehl
 Phoebe Wilcox
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 Katsuko Yokoi
 Evelyn R. Zillgitt



Partners in Health 2005 Annual Fund Donors

Without the caring generosity of our donors, much of the vital work of Methodist Hospital would not be possible. In 2004, a number of generous individuals, foundations, organizations and businesses contributed more than \$3.5 million in significant gifts to help fund new equipment, programs and facilities to keep Methodist Hospital at the forefront of medical excellence.

We are pleased to recognize our 2004 Donors of \$100 or more—and extend our heartfelt appreciation to all the donors to Methodist Hospital. And while words cannot sufficiently convey our gratitude, we try by saying a simple “thank you—you are truly inspiring.”

Partners in Health donations include gifts to the annual fund, the Crystal Ball and other special events, memorial and honor gifts, and other miscellaneous gifts. This listing also includes generous donors making pledge payments on capital campaigns.

We also invite you to review the list of distinguished Leadership Circle members and honored Rose Family members, beginning on page 36.



**Indicates donors who made gifts in 2005 to support a capital campaign and to fund annual needs of the hospital.*

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*Mr. and Mrs. Charles E. Gilb
 *Mr. and Mrs. Jim L. Hilliard

\$100,000 - \$249,999

Mr. and Mrs. Andrew J. C. Cherng
 The J. Martin Leatherman Family Trust
 *Mr. and Mrs. Mickey Segal

\$50,000 - \$99,999

Anonymous
 Ms. Angela Y. Fu

\$25,000 - \$49,999

Anonymous
 Mr. Christopher H. Bateman &
 Dr. Linda Rillorta
 Dr. Joseph R. Henry and Dr. Stanley Gordon
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 Mr. and Mrs. Russell J. Osterman
 Ms. Alice R. Schrock
 The Roger and Lilah Stangeland Foundation
 *Mr. and Mrs. Wayne Whitehill
 *Mr. and Mrs. Alan Whitman

\$10,000 - \$24,999

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 Mr. and Mrs. Michael J. Casey
 *David and Grace Cashion
 Ms. Chaoyin Chen
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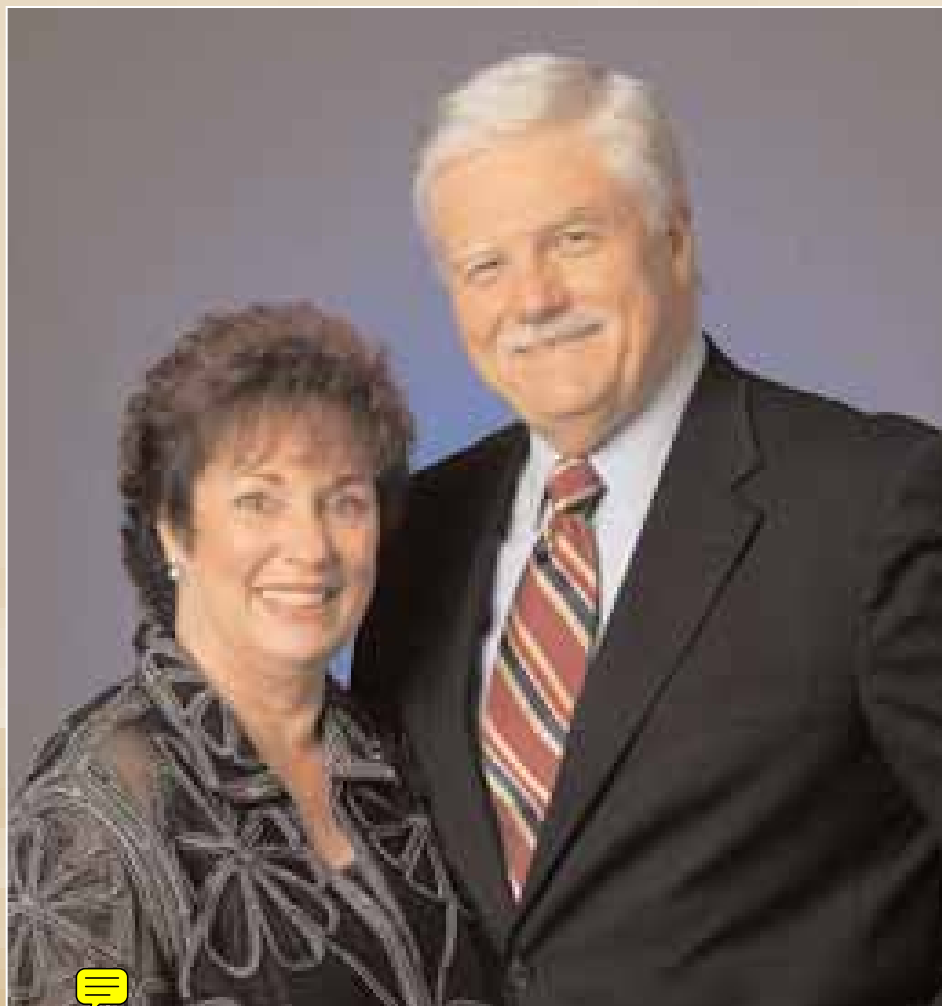
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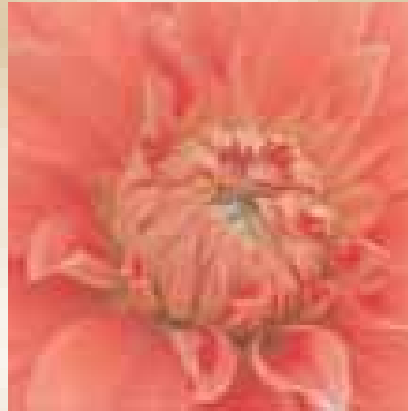


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Gary and Amy Ryan *Rose Society*

"This is a community not-for-profit hospital and, as a member of the community, it is our privilege to support such a vital service. Through our partnership, we want to make sure that the hospital continues its excellence long into the future for us and others after us."

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Methodist Hospital Foundation welcomes the donation of in-kind contributions to support the healing mission of our not-for-profit community hospital. In-kind donations include gifts of medical equipment and other useful items, and items donated for special event auctions.

This listing does not include the many in-kind gifts to the hospital's auxiliaries and support groups.

A special note of appreciation to Santa Anita Park for its significant contribution of employee parking spaces as Methodist Hospital experiences an increased demand for health care services in our community.

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Methodist Hospital 2005 Employee Donors

Methodist Hospital is especially proud of the charitable support we receive from employee donors. Hundreds of our employees contributed a portion of their paychecks and made special gifts to help fund important programs, purchase equipment and build new facilities. During the recent campaign to expand the hospital's Maternal Child Health Center, more than 400 employees contributed almost \$400,000 to the \$6.7 million project. Employee donors of \$100 or more are recognized in the Partners in Health listings beginning on page 31.

Generous Gifts Made in Loving Memory and in Honor

Methodist Hospital Foundation invites the community to make donations in memory or in honor of family members, special friends and caregivers who deserve special tributes. Memorial and Tribute gifts are ideal for commemorating the passing of a loved one, friend or colleague; celebrating a birthday, anniversary, holiday or special event; or honoring a special physician, nurse or caregiver in appreciation for exceptional care.

Donors also may establish a **Memorial/Tribute Fund** with all donations restricted to support numerous outstanding programs, including heart care, cancer treatment or emergency services. A Memorial Endowment Fund provides the opportunity to create an enduring fund that will enable you to remember your loved one far into the future. Your endowment will perpetuate your support of the health care mission of Methodist Hospital for the benefit of our patients today and generations to come.

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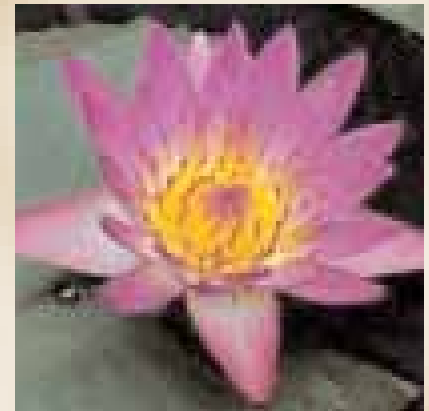
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Foundation news

Leading members of the Methodist Hospital Auxiliary gathered to present Dennis Lee, president of Methodist Hospital, with \$73,900 in proceeds from several fundraising activities in 2005. Pictured from left to right are Mickey Harbur, chair of Holiday Homes Tour, Luce Heller, chair of Baby Services, Betty McCann, auxiliary president, and Grace Valentino, chair of Ways and Means. Auxiliary members have been supporting vital health care programs at the hospital for more than 50 years.



Annual donors to Methodist Hospital Foundation gather for the annual 2006 *Partners in Health* reception at the home of the hospital's president. Pictured left to right are T. Francis, Sherry Wang, Sue Francis, president of Methodist Hospital Foundation, and Shone Wang.



Enjoying garden party at the 2006 *Partners in Health* annual reception are (left to right) Stanley Rappoport, MD, Charlotte Streng, Benjamin Stafford, MD, and Hamid Oliai. Guests enjoyed entertainment, great good and fellowship.



Long-time Methodist Hospital Foundation donors George and Virginia Krause at the *Partners in Health* annual reception. *Partners in Health*, a giving society of Methodist Hospital, honors its members at an annual June reception at the home of Dennis Lee, president of Methodist Hospital.



Dr. Shaun Grady ceremoniously awards the championship belt to the victor, Dr. Bashir Ahmad, after their August 17 match at Angeles National Golf Club. Their efforts raised more than \$5,000 to benefit Methodist Hospital, adding to previous physician challenge proceeds for a total of \$22,000.



Seen here at the Physicians Golf Championship match, caddies Dr. Pat Saraf (left) and Dr. Greg Withers, who provided guidance to their golfer and taunted their opponent.

HOLIDAY HOMES

“Wintry Wonderland”
Methodist Hospital Auxiliary Presents
52nd Annual Holiday Homes Tour
Friday, December 1, 2006

9 a.m. to 8:30 p.m.
Los Angeles County Arboretum
& Botanic Garden

Benefiting Methodist Hospital
Emergency Services

Featuring tours of decorated homes
and a Christmas House Boutique



Celebrating the Spirit of New Orleans Mardi Gras 2007

Tuesday, February 20, 2007
Santa Anita Park 6 p.m. to 10 p.m.

Featuring food, fun and
festive music



Alpha Auxiliary Marvelous May Brunch

Sunday, May 6, 2007
11 a.m. to 2:30 p.m., Santa Anita Park

Honoring outstanding medical professionals
with the “Order of Merit”

Benefiting home health services and
special programs at Methodist Hospital.

For information about sponsorship
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Invest in Methodist Hospital

The Foundation of Methodist Hospital is a leader in advancing Methodist Hospital to a position of preeminence as a regional provider of health care. The hospital is committed to offering a comprehensive range of medical services, with a special emphasis on emergency and critical care.

Your charitable support of Methodist Hospital is an investment in the latest innovations at the hospital—from amazing new diagnostic procedures to the latest advances in cardiac care...and so much more.

Your gift can easily reflect your own interests. You can fund a vital medical program, new technology or help build new facilities—all while helping to bring The Next Generation of Care to the communities we serve. And when you support Methodist Hospital, you invest in the compassionate and expert medical care that we provide to every patient.

Investors in Methodist Hospital share one important reward—the enormous satisfaction and pride in partnering with a great hospital. It is your gift to future generations. The Methodist Hospital Foundation looks forward to working with you to achieve your philanthropic goals.

MOMENTOUS

In 100-plus years, there has never been a more pivotal time in the history of Methodist Hospital—and the future of healthcare in our community. As demand for emergency and critical care services increases daily, nearing the limits of our city, we're taking positive action. Expanding our facilities and resources, investing in important technology, and making this commitment: that the finest medical and life-saving resources will be here, for you and your family when you need them.

It's The Next Generation of Care... happening now at Methodist Hospital.



This ambitious initiative builds upon essentials, with a new, state-of-the-art emergency department and critical care unit, expansion of our award-winning cardiac care program, and increased medical/surgical capacity. A premier medical campus, supported with the latest innovations in diagnostics and treatment.

It's The Next Generation of Care. And it belongs to all of us. Please embrace this moment, acting with foresight and generosity, so that together we can bring these vital resources to our community.

To find out how you can get involved, call or write today.



THE NEXT GENERATION OF CARE

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